**ARTICLE TITLE**

**Abstract:** Articles should be in Microsoft Word format and the word count should not exceed the word count determined according to the article type under the Information for Authors heading on the website. Page margins: top, bottom, left and right should be 2.5 cm (Normal Margins). The title of the article should be written in all capital letters, bold letters, Cambria, 11 pt, 1.3 line spacing, with automatic before and 8 nk after spacing and centered on the page. The abstract should be between 200-250 words. An abstract is usually presented separately from the article, so it should be able to stand on its own. It is recommended that the abstract is written in a structured way. "**Aim:** ..... **Method:** ..... **Results:** ..... **Conclusion:** ....." can be given as an example. The abstract should be written in Cambria, 10 pt. font size, with automatic before and 8 nk. after spacing and justified. References should be avoided in the abstract, but if necessary, cite the author(s) and year(s). Also, non-standard or uncommon abbreviations should be avoided, but if necessary, they should be defined at the first occurrence in the abstract. Keywords should not exceed a minimum of 3 and a maximum of 7 words. Keywords should be capitalized and separated by commas. In addition, should be typed in Cambria 10 pt. font size, auto-spaced before and 8 nk. after, and left-aligned.

**Keywords:** Keyword 1, Keyword 2, Keyword 3

**ARTICLE TITLE IN TURKISH**

**Öz:** Makaleler; Microsoft Word formatında olmalı, kelime sayısı sitede yer alan Yazarlara Bilgi başlığı altındaki makale türüne göre belirlenen kelime sayılarını geçmemelidir. Sayfa kenar boşlukları: üst 4 cm, alt, sol ve sağ 2,5 cm olmalıdır. Makale başlığı bütün harfleri büyük, koyu (bold) harflerle, Cambria, 11 punto, 1.3 satır aralıklı, öncesi Otomatik ve sonrası 8 nk aralıklı ve sayfaya ortalanarak yazılmalıdır. Özet 200-250 kelime arasında olmalıdır. Bir özet genellikle makaleden ayrı olarak sunulur, bu nedenle tek başına ayakta durabilmelidir. Özetin yapılı bir şekilde yazılmış olması önerilmektedir. “**Amaç:** ….. **Yöntem:** ..... **Bulgular:** ….. **Sonuç:** …..“ şeklinde bir örnek verilebilir. Özet Cambria, 10 punto, öncesi Otomatik ve sonrası 8 nk aralıklı ve yaslı yazılmalıdır. Özet içerisinde kaynaklara atıf yapmaktan kaçınılmalı, ancak gerekliyse yazar(lar)ı ve yıl(lar)ı belirtiniz. Ayrıca, standart olmayan veya yaygın olmayan kısaltmalardan kaçınılmalıdır, ancak gerekliyse özette ilk geçtiği yerde tanımlanmalıdır. Anahtar kelimeler asgari 3 ve en fazla 7 kelimeyi aşmamalıdır. Anahtar kelimelerin baş harfleri büyük olmalı ve virgül ile ayrılmalıdır. Ayrıca Cambria, 10 punto, öncesi Otomatik ve sonrası 8 nk aralıklı ve sola hizalı yazılmalıdır.

**Anahtar Kelimeler:** Anahtar Kelime 1, Anahtar Kelime 2, Anahtar Kelime 3

**INTRODUCTION**

Articles should be in Microsoft Word format and the word count should not exceed the word count determined according to the article type under the Information for Authors heading on the website. Page margins: top 4 cm, bottom, left and right 2.5 cm. Also, line spacing should be 1.3.

The main text should be written in Cambria typeface in 11 pt, preceded by Auto and followed by 8 nk and justified.

The main headings of the article should be written in all capital letters, using Cambria font, in 11 pt, single-spaced, before Automatic and after 8 nk and justified. Subheadings, on the other hand, should be written with only the first letter capitalized, using Cambria typeface, in 11-point font, before Automatic and after 8 nk and justified. If a third subheading is used, it should be in 11 pt, italicized, normal (not bold), before Auto and after 8 nk, justified and only the first letter of the words in the heading should be capitalized. There should be no spaces before or after the headings. As few headings as possible should be used and mixed numbering should be avoided.

**Theoretical Framework**

Compliance of the study with the specified rules will speed up the publication process. For this reason, the study must be made in accordance with the rules of the journal before submission. Articles uploaded to the journal's article management system should not have the name(s) of the author(s). Because the information of the users registered to the system is available online and this information will also be included on the cover page.

The similarity rate of the articles submitted to the journal should not exceed 20% excluding references. For research requiring ethics committee approval, ethics committee approval must be obtained and documented. The ethics committee approval document must be uploaded to the system as an additional file. Institutional approval should also be added when required.

**OBJECTIVE**

Titles written in all capital letters should not be replaced. If there is an abstract of the literature, it should be included in the first title. The main headings are as follows:

**INTRODUCTION**

**OBJECTIVE**

**METHODS**

**RESULTS**

**CONCLUSION**

However, the author may add subheadings or main headings such as DISCUSSION as deemed necessary.

In-text citation method should be used in articles. In the citation, the surname of the author(s) and the year of publication should be in parentheses. If the surname of the author(s) is used in the sentence, include the date of publication in parentheses after the name.

When citing studies with two authors, the surnames of both authors should be written. For studies with three or more authors, the surname of the first author should be written and the expression "et al." should be used.

If more than one work of the author(s) published in the same year is cited, the sources should be separated from each other by writing symbols such as "a, b, c" at the end of the publication year. If more than one work is cited at the end of a sentence, these references should be given in parentheses and a semicolon (;) should be placed between them.

In-text citation should be created within the scope of the examples given below. Citing the source in the text:

Single author (Yılmaz, 2017).

Two authors (Mehmet & Ali, 2019).

Three or more authors (Taş et al., 2016a).

The use of programs for resource management is recommended (Mendeley, Zotero, Endnote, etc.).

**SCOPE**

All tables, figures and graphs to be included in the text of the article should be numbered in sequence (Table 1, Figure 1).

Titles should be written above the tables, below the figures and graphs, centered, bold, and only the initials of the words should be capitalized. The font size in tables can be determined according to need (e.g. 9 pt.).

The references, if any, of tables, figures and graphs should be given immediately below them in accordance with the in-text citation rules. One line space should be left between tables and figures and the text. Prepared tables should be editable and suitable for Word format.

**Table 1. Evaluation of Study Parameters According to Groups**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Body Mass Index** | **χ2-KW, F** | **p** |
| **Normal** | **Overweight** | **Obese** |
| **Group I** | **Group II** | **Group III** |
| **Mean±SD (median)** | **Mean±SD (median)** | **Mean±SD (median)** |
| **Duration of Diabetes** | 2,85±1,33 (2) | 3,65±1,23 (4) | 3,78±1,28 (4) | **KW:14,659** | **30,001\*\*** |
| **HbA1c** | 6,6±0,97  | 8,24±1,67  | 10,27±1,76  | **F:76,203** | **20,001\*\*** |
| **Glucose (mg/dl)** | 115,94±38,32  | 163,6±47,4  | 298,78±93,01  | **F:110,614** | **20,001\*\*** |
| **Cholesterol** | 170,32±24,95  | 207,55±39,24  | 267,6±53,44 | **F:73,724** | **20,001\*\*** |
| **Triglyceride** | 107,94±54,21  | 146,92±68,29  | 252,68±86,69  | **F:56,556** | **20,001\*\*** |
| **HDL** | 50,77±11,31  | 50,42±11,08  | 40,84±7,23  | **F:15,738** | **20,001\*\*** |
| **LDL** | 97,8±18,73  | 127,75±35,66  | 173,23±49,99 | **F:53,869** | **20,001\*\*** |

1*Chi-Squared Test 2One-Way ANOVA 3Kruskal-Wallis Test \*\*p<0.01*



**Graphic 1.** Sample Graphic Text



**Figure 1.** Sample Figure Text

**METHODS**

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**Research Limitations**

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**Research Problem**

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***Sub Problems of the Research***

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**Research Hypotheses**

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**RESULTS**

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**DISCUSSION**

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**CONCLUSION**

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**SUGGESTIONS**

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**REFERENCES**

**References Writing Method**

Our journal uses APA 7 reference style. For more information, please see the Publication Manual of the American Psychological Association, Seventh Edition, ISBN 978-1-4338-3215-4 or visit the APA Style website.

In the list of references, only the references cited in the article should be included and these references should be listed alphabetically according to the surname of the author. If several works of one author are to be included in the bibliography, they should be sorted according to the publication date (from old to new). If more than one work of the author(s) with the same date is cited, the references should be listed by using the letters (a, b, c, ...) after the publication date in the bibliography section as in the text.

If the number of authors in the article is 20 or less, all authors should be indicated; if the number of authors is 21 or more, the first 19 names should be written and the last author should be added after adding the phrase "..." (without adding &).

Articles on the internet whose author is unknown should not be cited as a source.

In the case of citing an author's work with single or multiple authors, single-author works should be written first. Page numbers of articles published in journals and chapters in edited books must be written.

It is recommended to use reference management programs (Mendeley, Zotero, Endnote, etc.) for integrity and editability.

**Examples**

**Reference to a book:**

Strunk, W., Jr., & White, E. B. (2000). *The elements of style* (4th ed.). Longman (Chapter 4).

**Reference to a chapter in an edited book:**

Mettam, G. R., & Adams, L. B. (2009). How to prepare an electronic version of your article. In B. S. Jones, & R. Z. Smith (Eds.), *Introduction to the electronic age* (pp. 281–304). E-Publishing Inc.

**Reference to a journal publication:**

Van der Geer, J., Hanraads, J. A. J., & Lupton, R. A. (2010). The art of writing a scientific article. *Journal of Scientific Communications*, 163, 51–59. https://doi.org/10.1016/j.sc.2010.00372

**Reference to a journal publication with an article number:**

Van der Geer, J., Hanraads, J. A. J., & Lupton, R. A. (2018). The art of writing a scientific article. *Heliyon*, 19, Article e00205. https://doi.org/10.1016/j.heliyon.2018.e00205

**Reference to a website:**

Powertech Systems. (2015). *Lithium-ion vs lead-acid cost analysis*. Retrieved from http://www.powertechsystems.eu/home/tech-corner/lithium-ion-vs-lead-acid-cost-analysis/. Accessed January 6, 2016

**Reference to a dataset:**

[dataset] Oguro, M., Imahiro, S., Saito, S., & Nakashizuka, T. (2015). *Mortality data for Japanese oak wilt disease and surrounding forest compositions*. Mendeley Data, v1. <https://doi.org/10.17632/xwj98nb39r.1>

**Reference to a conference paper or poster presentation:**

Engle, E. K., Cash, T. F., & Jarry, J. L. (2009, November 19-22). *The Body Image Behaviours Inventory-3: Development and validation of the Body Image Compulsive Actions and Body Image Avoidance Scales* [Poster presentation]. Association for Behavioural and Cognitive Therapies Annual Convention, New York, NY.

**Reference to software:**

Coon, E., Berndt, M., Jan, A., Svyatsky, D., Atchley, A., Kikinzon, E., Harp, D., Manzini, G., Shelef, E., Lipnikov, K., Garimella, R., Xu, C., Moulton, D., Karra, S., Painter, S., Jafarov, E., & Molins, S. (2020, March 25). *Advanced Terrestrial Simulator (ATS) v0.88 (Version 0.88)*. Zenodo. https://doi.org/10.5281/zenodo.3727209.